



February Safety

Burn Prevention



In the Kitchen:

Do

- Turn pot handles toward the back of the stove.
- Keep a fire extinguisher in the kitchen & know how to use it.
- Use oven mitts or potholders when handling hot items.
- Keep flammable objects like dish towels and paper towels away from the stove.

In the Bathroom:

- Set your water heater to a maximum of 120°F.
- Always test the water temperature before you or child gets in the tub or shower.
- Keep curling irons, flat irons, and other hot accessories out of reach of children.

Don't

- Leave cooking food unattended.
- Wear loose-fitting clothing that can catch fire.
- Allow children to play near the stove or oven.
- Use water to put out a grease fire. Use a lid or fire extinguisher instead.



First Aid for Burns

- Cool the burn
- Remove tight items
- Don't break blisters
- Apply lotion
- Bandage the burn
- Seek medical attention

